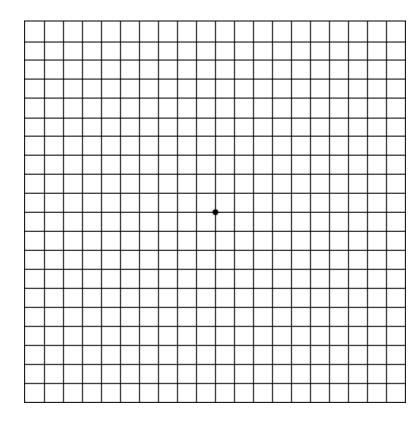


## **Amsler Grid**

## At home vision test to monitor the Macula

- Wear the eyeglasses you normally wear when reading
- Position the chart 14 inches away from your face
- Cover one eye at a time with your hand
- Stare at the dot in the center dot





If you see any distortions **shown below** please contact our office immediately at (631) 727-2858

